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SCOPE Prince George Community

Local Childhood Obesity Prevention Group Meets

GRACE: The Sustainable Childhood Obesity Prevention through Community Engagement, or SCOPE project is holding it's first Community Advisory meeting today.

To keep it local, the advisory is made up of 5 Prince George residents, involved in health and wellness organizations such as Northern Health and the Public Health Agency of Canada.

The SCOPE project had its community launch on

May.18th, where residents voiced their concerns and possible solutions to childhood obesity.

PG SCOPE Coordinator, Glenda Newsted, says the next step is to create a Childhood Obesity Prevention Action Plan, to see tangible results in our community.

Newsted says they're working on specific ways to make kids in PG stay fit and healthy, and will be out in the community in full force as of this fall.

The meeting takes place today, at 1:30pm.

CLIP 1

NEWSTED: There's four members plus myself and we'll be taking that report from that community meeting on May 18 and really starting to hammer out those specific next steps, so come fall 2010 we'll definitely be out and about in the community.

CLIP 2

NEWSTED: Some of the things that we're working



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on are getting really down to the nitty-gritty and specific areas to focus on in Prince George that can really help move forward on finding ways for children in our communities to stay fit and healthy. Things are a little bit slower as summertime vacation always a bit of a challenge, but we're really happy with our progress to date. And we're excited for what lies ahead in the fall and particularly looking forward to meeting with specific groups and populations and then achieving concrete successes with them.

CLIP 3:
NEWSTED: So we're one of two pilot projects in the province, Abbotsford being the other, and as we are in the north we're really about community. So the four members plus myself are all Prince George residents either working for Northern Health or the Public Health Agency of Canada, we have a Lheidli T'enneh First Nation member as well as another member who works very closely with the first nations community.

